



January - April 2017

From the Women's Centre

LEA Place Women's Resource Centre

International Women's Day

You're invited...

5th Annual

ALL-WOMEN

**Led Musical / Talent
Showcase**

Sunday, March 12th

1pm

*Eastern Shore
Wildlife Association*

Sheet Harbour

Every Welcome!



*April is Volunteer Appreciation
Month*

*Thank you to our Board Members and
all the volunteers who help throughout
the year to make our Centre great.*

“FREE Clothing Swap”

You don't have to bring anything to swap, just come and take what you need. If you do have some clothes that you would like to get rid of; we are asking for community donations of clean adult, children and baby clothes that are in good condition. This is a great opportunity to clean out your closets, donate, swap, and/or get some great clothing!

All members of our communities welcome!

Have clothes to donate?

(902) 885-2668

Drop off clothing at LEA Place from
Feb. 6th-17th or bring donations the day of the
event.

Saturday, February 18th, 10am - 12pm

Snow Date: Saturday, February 25th



Sheet Harbour
Royal Canadian
Legion

For more
information
please call
(902) 885-2668

Pre-registration is required for all LEA Place's Programs (902) 885-2668

Unless stated otherwise, programs are held at LEA Place

LIKE us on FACEBOOK

www.leaplace.com

leaplace@ns.sympatico.ca

Learn to Crochet

This FREE 8 week class will teach you the basics of crocheting.

Sign up early as space is limited!

Tuesday evenings starting

January 24th

7-9pm

Creative Circle

Join us for some relaxing and crafting.

Bring the project you are currently working on, learn or teach a new skill while socializing over a cup of tea.

Monday afternoons 1-3pm

TOILE-TREE

We continue to use the Toile-Tree concept "Take What You Need and Give What You Can" to assist women and their families through difficult times, especially the winter months.

How can you help?

Donate items such as shampoo, soap, toothbrushes, toothpaste, deodorant, shaving cream, razors, hairbrush, sanitary products etc., which are often difficult to afford. Although we are accepting toiletry donations on a continuing basis, the winter tends to be a time that requires extra support and your help is always greatly appreciated.



International Women's Day

For International Women's Day, March 8th, 2017, we're asking you to **#BeBoldForChange**

Call on the masses or call on yourself to help forge a better working world - a more inclusive, gender equal world

www.internationalwomensday.com

Mi'kmaq Leather Moccasins Workshop

Make a pair of leather moccasins with Carla Asprey and Brenda Buck

April 25 & May 2

6:30-9pm

Registration and

\$40 material cost due on April 11.

Class limited to 10 women.

Parent n' Tot

Parents and caregivers come together with their little ones to participate in sing-a-longs & play activities in a safe and nurturing environment.

Wednesday Mornings - 10-11:30am

Snow days: When schools are cancelled due to stormy weather PNT will also be cancelled.

GirlzTalk

For Girls in grade 4, 5 & 6

Girls come together to learn about various social justice issues and participate in fun activities and discussions that improve self-confidence.

Bi-weekly on Thursdays,

3-4:30pm

Jan. 5, 19, Feb. 2, 16, Mar. 2, 23, Apr. 13, 27

LEA Place, & Eastern Shore Musquodoboit Valley Literacy Network come together with Harbour View Lodge to offer...

“Girls Lego Club”

Grades 2 and 3 Girls

Starting Monday, January 23, 2017

Monthly

After school - 3:00-4:00

Harbour View Lodge

Snacks provided

Grade 2 and 3 girls come together with Harbour View Lodge residents to build Lego, play games and enjoy story telling.

The Sheet Harbour Sexual Health Center

Lorrie Boutilier, Executive Director

Our community has long been a positive advocate for the Sheet Harbour Sexual Health Center. As the new Executive Director I would like to thank all of you for your ongoing support. I am looking forward to many partnerships and projects as I continue to promote healthy sexuality across the lifespan in our community.

I would like to send many thanks and best wishes to Vicki Rutledge for her years of dedication to the Center. I have big shoes to fill.

The Sexual Health Centre is located in the Eastern Shore Memorial Hospital on the first floor down the corridor past the cafeteria. The Center is now open from 11:00 until 4:00 on Tuesdays and Thursdays. Please feel free to stop in for a visit. There are lots of resources, safe sex products are available and we are now booking appointments for a January 11th Well Women's Clinic.

Check out our website

www.sexualhealthsheetharbour.com

or look us up on Facebook.

Call anytime at 902 885 3693.

Watch for the next edition of the LEA Place newsletter for “Sexicons”.

LEA Place Women's Resource Centre

is dedicated in achieving equality for
women by:

- ⇒ Improving the well-being and economic status of women and adolescent girls with information, services, programs, support and advocacy, designed to address the complexity of issues in their lives.
- ⇒ Increasing community awareness and providing public education on issues of concern to women and girls.
- ⇒ Uniting women, their communities and Government to create public policy that will advance the status of women.
- ⇒ Advocating for women's human rights.

Please know that ALL the programs and services offered at LEA Place are open to ALL women in our communities.

LEA Place does not have any kind of membership system, we are all equal here.

Please contact LEA Place Women's Resource Centre to register for all programs 885-2668

LIKE us on FACEBOOK

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Heating Assistance Rebate Program

Available to any lower income individuals / families who pay for heat. If you received assistance last year, your application should be mailed out automatically.

Call for more information

1 800 670-4357

Deadline March 31, 2017

Community Volunteer

Income Tax Program

For modest income households.

Appointments available after mid February by

Calling YMCA Nova Scotia Works Centre at
902 885 2810 or 902 885 3593

Salvation Army Good

Neighbour Energy Fund

Accepting applications January 15 - April 15
for emergency help with heating.

You can apply once every 24 months.

Forms are available at LEA Place,

Or download from

<http://www.salvationarmy.ca/maritime/files/2010/12/GNEF-application.pdf>

Or by calling the Salvation Army at

1 902 455-1201